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October is Domestic Violence Awareness Month and Partners for Peace invites you to get involved!



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Congratulations

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Marcia M. of Corinna, ME!

Thanks for reading, and don't forget to play!



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Vol. 14 No. 26 October 12, 2026

Everybody's Talking

Aurora rails: In northern Norway, a new overnight train has been built with one goal in mind, letting passengers watch the Northern Lights while they travel. Instead of standard windows, the cars are wrapped in glass, including the ceiling, so the sky stays in view from every seat. The interior lighting is kept low to avoid reflections, making it easier to see faint movement outside. The route runs through areas already known for strong aurora activity, turning the journey itself into the main attraction. Designed as an alternative to daytime sightseeing, the train pairs slow travel with night skies. For travellers, it offers an immersive way to experience the aurora from a moving viewpoint.

Reef voices: Coral reefs are alive with clicks, pops, and low noises, but it's been hard to tell which fish make which sounds. A new tool solves that by recording audio and video together, letting researchers match a sound to the fish seen making it. The system uses underwater microphones paired with a wide-view camera, so crowded reef scenes are easier to sort out. Early recordings showed that many fish make sounds scientists didn't know about before. Those identified noises are added to a shared library for future study. Over time, the recordings can be checked without divers returning to the site. Researchers say listening this way could become a simple way to track reef activity and changes.

Ancient paths: In Bolivia, a rock surface covered in dinosaur footprints is offering a rare look at daily life in the distant past. Instead of bones, the site preserves steps left in soft ground, showing where animals actually walked. The markings stretch across what was once a wet shoreline, forming long paths that hint at repeated movement through the area. Most prints belong to meat-eating dinosaurs that traveled on two legs. Some tracks curve or overlap, suggesting turns, pauses, or shared routes. Because footprints stay where they're made, researchers can study direction, pace, and spacing with unusual confidence. The site helps turn frozen moments into a clearer picture of how these animals moved across the land.

Vape power: In England, an engineer has shown how much energy is thrown away by turning discarded vaping devices into a working home battery. Instead of seeing them as trash, he collected hundreds of used units and removed the rechargeable cells inside. Once combined, those small batteries formed a single power source capable of running household electronics for hours. The setup worked without drawing from the grid, lighting rooms and running everyday appliances. The project began after he noticed how easily people tossed devices built with reusable parts. The experiment highlights how much usable energy ends up in the bin and what careful reuse can unlock.

Quoteable Quotes

"Attention is the rarest and purest form of generosity." — Simone Weil

"I intend to live forever. So far, so good." — Steven Wright

What's Happening

Hampden Kiwanis Community Bean Supper 1st Saturday of every month, Oct-May: 3 kinds of beans, coleslaw, biscuits, red hots, and desserts. 4:30 pm to 6 pm, 41 Canoe Club Road, Hampden, ME. \$10 per person, \$25 family. Carry out available.

Maine Science Awards Inaugural Event October 15th at Hollywood Casino Celebrate Maine's innovators at the inaugural Maine Science Awards on Oct. 15 in Bangor. Honoring leaders in science across five award categories. Visit mainediscoverymuseum.org for tickets.

Free Concert: October 17, 4:30 p.m. at All Souls, 10 Broadway, Bangor Experience an inspiring evening of chamber music, film, and storytelling as Halcyon Friends present the Dohnanyi Piano Quintet alongside The Future is Here. Featuring special guest pianist Marlene McCarthy. Open to the public, mark your calendar!

Harvest Supper at First United Methodist Church of Orrington, October 24 4:30-6:00 p.m. \$10 each-, children under 7 \$4.00. 14 Center Drive, Orrington

NON profit organizations may submit events for FREE at
www.coffeeofbangor.com

Trivia

1. Which composer wrote The Four Seasons?
2. This is the longest river in South America.
3. What is the longest running animated television series in history?
4. What is the name of the cowboy in the Toy Story movies?
5. The chemical symbol for silver is Au, Ag, or Si?

(Flip bottom of page for answers)

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(Over)

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Recipe of the month

Halloween Brownies

1 package (15.8 ounces) brownie mix
1/2 cup semi-sweet chocolate chips

2 cups crispy chow mein noodles
18 candy eyeballs

Prep Time: 20 min Cook: 30 min Yield: 9 spiders

● Prepare and bake brownies according to package directions using an 8-in. square baking pan lined with parchment. Cool completely in pan on a wire rack.
● In a microwave, melt chocolate chips; stir until smooth.
● Remove 1 tablespoon melted chocolate to a small bowl; reserve for attaching eyes. Add noodles to remaining chocolate; stir gently to coat. Spread onto a waxed paper-lined baking sheet, separating noodles slightly. Freeze until set.
● Cut nine brownies with a 2-1/4-in. round cutter for spider bodies. Attach eyeballs using reserved melted chocolate. With a bamboo skewer or toothpick, poke eight holes in top of each spider for inserting legs. Insert a coated noodle into each hole. Store in an airtight container.

Creepy, crazy and delicious?
Yep, these spookily yummy treats are the ideal ending to any Halloween feast!

Source: <https://www.tasteofhome.com>

The Sunday Morning Post

By Ben Sprague

Weekly articles about the economy, real estate, Maine, and more.



thesundaymorningpost.com

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Your Weekly Horoscope

ARIES (March 20 – April 19)

You may feel an energy
boost at mid-week. Use it
to complete a project that
requires focused disci-
pline. Carefully consider
any impulse to pivot in a
new direction regarding it. Lucky
numbers: 4, 5, 9, 20, 44, 46.

TAURUS (April 20 – May 20)

The three outer planets
have moved from earth
and water to fire and air.
Does this shift feel uncom-
fortable? Use your perse-
verance to flow with these
energies rather than resisting them.
Lucky numbers: 16, 27, 32, 41, 43, 44.

GEMINI (May 21 – June 20)

Geminis often approach
situations from a highly
intellectual perspective.
For the next weeks, how-
ever, the Universe may ask
you to adjust your view to
add more heart and passion. Lucky
numbers: 11, 13, 18, 25, 43, 47.

CANCER (June 21 – July 22)

At mid-week, you may
run into an obstacle to
your plans from someone
with a stake in the out-
come. Take a step back
and ask where they might
have a point. Lucky numbers: 10, 14,
21, 27, 39, 43.

LEO (July 23 – Aug. 22)

Leo is associated with
heart and courage. This
week may bring an oppor-
tunity that requires both.
Be sure you act on it in a
way that is fair to all
concerned. Lucky numbers: 1, 6, 17,
23, 38, 41.

VIRGO (Aug. 23 – Sept. 22)

Pluto in Aquarius calls
you to a higher form of
service. It may require
an adjustment in your
view of who you are and
the role you play in the
world. Lucky numbers: 2, 8, 11, 28,
31, 36.

LIBRA (Sept. 23 – Oct. 22)

The highest purpose for
Libras is to help human-
ity find balance, harmony
and peace. It is important
you stand your ground
in this task now, even
though it is hard. Lucky numbers: 5,
12, 23, 33, 40, 43.

SCORPIO (Oct. 23 – Nov. 21)

Your ability to deeply see
others' truths may tempt
you to be skeptical of
humanity's future. That
is understandable but we
need your truth telling
skills now more than ever. Lucky
numbers: 17, 26, 31, 41, 43, 48.

SAGITTARIUS (Nov. 22 – Dec. 21)

Your natural optimism is
given a boost early in the
week. It can help you
achieve what you desire
to manifest. Just be care-
ful of any temptation to
over-reach. Lucky numbers: 8, 13, 26,
29, 34, 41.

CAPRICORN (Dec. 22 – Jan. 19)

At mid-week, others may
feel that you are being
stubborn about some-
thing of interest to both
of you. Take a step back
and consider if they might
be right. Lucky numbers: 3, 4, 13, 40,
45, 46.

AQUARIUS (Jan. 20 – Feb. 18)

Aquarius can naturally
sense how humanity's
evolution might unfold.
Your gift is to bring that
understanding to the rest
of us. An opportunity for
this is in play at week's end. Lucky
numbers: 12, 14, 26, 34, 37, 40.

PISCES (Feb. 19 – March 20)

Pisces deeply feels the
pain of our chaotic world.
Nonetheless, strive to find
a helpful role among
humanity. Where can you
help relieve the tension
of our collective dissonance? Lucky
numbers: 7, 9, 14, 25, 35, 44.

Lucky numbers this week: This week's odds favour Sagittarius
winners with the luckiest number being 29.

Did You Know...

Doughy history: France's famous croissant actually began in
Austria, where a crescent-shaped pastry called kipferl was already
part of local baking. Its form inspired the treat now linked with
French bakeries, long before it became a breakfast favourite.

Calm seas: The Pacific Ocean got its name from Ferdinand
Magellan after his voyage brought him into calm waters.
"Pacific" comes from a word meaning peaceful, reflecting his
first impression of this particular ocean.

Bump reflex: Goosebumps appear when tiny muscles pull each
hair upright, creating small bumps across the skin. This reaction
can happen during strong emotion as well as cold, showing how
our bodies still carry an ancient insulating response.

Frozen filter: When seawater turns to ice, much of its salt is
pushed out, leaving the frozen surface far fresher than the
ocean below. After years of this natural filtering, melting sea ice
can release water that's surprisingly close to fresh.

Crystal balance: Deep in your inner ear sit tiny natural
crystals that shift whenever you move. Their small movements
help your brain understand direction and keep your sense of
balance steady, even during simple everyday motions.

On the Lighter Side

What hotel does cheese stay in? Stilton.

The failed poet decided to leave the writing process to the
poets.

Knock! Knock! Who's there? Fido. Fido who? Fido go away,
will you miss me?

Take it from a scientist: Never believe atoms. They make up
everything.

Navy jet pilot: That is it! We're flying faster than the speed of
sound!

Co-pilot: What?

Answers

3. The Simpsons 4. Woody 5. Ag
Trivia answers: 1. Antonio Vivaldi 2. Amazon

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