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Everybody's Talking

Hedgehog hotel: In a small Scottish town, a couple turned spare rooms and outbuildings into a place where injured hedgehogs can recover before returning to the wild. What began as caring for a few animals at home grew as neighbours learned there was somewhere local to bring hedgehogs in trouble. The pair added space, equipment, and volunteers, reshaping their property to handle many animals at once. They now manage daily feeding, cleaning, and basic health checks, sending animals to vets only when specialized care is needed. Along the way, they've also taught residents how gardens and roads affect hedgehog safety. The effort has helped many European hedgehogs that might not have survived otherwise.

Crop robot: In Osaka, Japan, researchers are teaching farm robots to slow down and think before grabbing a tomato. Instead of rushing in, the machine scans how each fruit sits among the stems and leaves. It weighs which direction offers the cleanest path, rather than guessing blindly in tight spaces. When one angle doesn't work, the robot can shift and come in from the side, much like a person adjusting their hand. This approach cuts down on plant damage and wasted effort. The system treats harvesting as a set of small choices instead of a single move. Over time, it could let robots handle fruit while people focus on the trickier parts of the job, saving time and improving efficiency overall.

Ancient shave: In England, a roughly 2,000-year-old iron razor from Roman times is drawing attention by offering a glimpse into everyday grooming long ago. The tool, shaped to fit a finger or hang from a belt, shows how men removed stubble before modern blades existed. For many Romans, a smooth face was tied to status and city manners, especially among wealthier families. Coins and statues from the period often show leaders without beards, reflecting this preference. Shaving also carried risk, since barbers worked close to the throat in tense political times. Beyond daily use, the first full shave marked a formal step into adulthood. Today, the razor stands as a rare reminder of personal care in the ancient world.

Denim portraits: In Orlando, Florida (U.S.), an artist is giving old jeans a second life by turning them into detailed portrait art. Small denim pieces are cut and sorted by colour, then placed together to form faces and animals. Instead of paint, the work relies on natural colour changes in the fabric, which adds texture to each image. Every piece is made by hand, so no two artworks can be exactly the same. The subjects include familiar public figures as well as wildlife, all built from everyday clothing. By reusing worn fabric, the artist shows how simple materials can become lasting artwork. The process also highlights care, reuse, and steady effort behind each finished piece.

Quoteable Quotes

"You can't stop the waves, but you can learn to surf." — Jon Kabat-Zinn
"There is no innovation and creativity without failure. Period." — Brené Brown

What's Happening

Hampden Kiwanis Community Bean Supper 1st Saturday of every month, Oct-May: 3 kinds of beans, coleslaw, biscuits, red hot, and desserts. 4:30 pm to 6 pm, 41 Canoe Club Road, Hampden, ME. \$10 per person, \$25 family. Carry out available.

Trunk or Treat, Friday, October 23, 5:00-7:00 p.m. Candy, Food Trucks, Kids Games and Activities, Family Fun! Bring your little ghosts, goblins, superheroes, and princesses for an evening of treats, laughs, and community fun! Located in the parking lot across from Starbucks.

Why Is My Cholesterol High Community Workshop Thursday Nov 5 2026, 5:30 to 6:30 PM at Thriving Proof, 33 Penn Plaza, Suite C, Bangor. Learn why cholesterol numbers stay high. Registration required. Call 207-358-0748 or visit thrivingproof.com.

Harvest Supper at First United Methodist Church of Orrington, October 24 4:30-6:00 p.m. \$10 each, children under 7 \$4.00. 14 Center Drive, Orrington

NON profit organizations may submit events for FREE at www.coffeenewsbangor.com

Trivia

1. The Leaning Tower of Pisa is located in this country.
2. The planet Saturn is best known for its prominent system of these.
3. Abraham Lincoln was born in this state in 1809.
4. Which NFL team plays its home games at Lambeau Field?
5. What country has more lakes than any other country in the world?

(Flip bottom of page for answers)

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Recipe of the month

Halloween Brownies

1 package (15.8 ounces) brownie mix
1/2 cup semi-sweet chocolate chips
2 cups crispy chow mein noodles
18 candy eyeballs

Prep Time: 20 min Cook: 30 min Yield: 9 spiders

1. Prepare and bake brownies according to package directions using an 8-in. square baking pan lined with parchment. Cool completely in pan on a wire rack.
2. In a microwave, melt chocolate chips; stir until smooth. Remove 1 tablespoon melted chocolate to a small bowl; reserve for attaching eyes. Add noodles to remaining chocolate; stir gently to coat. Spread onto a waxed paper-lined baking sheet, separating noodles slightly. Freeze until set.
3. Cut nine brownies with a 2-1/4-in. round cutter for spider bodies. Attach eyeballs using reserved melted chocolate. With a bamboo skewer or toothpick, poke eight holes in top of each spider for inserting legs. Insert a coated noodle into each hole. Store in an airtight container.

Crispy, crazy and delicious?
Yep, these spookily yummy treats are the ideal ending to any Halloween feast!

Source:
https://www.tastefhome.com

Your Weekly Horoscope

ARIES
(March 20 - April 19)

This week you may be feeling the echoes of an old emotional wound. Previously hidden information may surface. If so, it may be best processed with self-love. Lucky numbers: 3, 6, 7, 13, 25, 5.

TAURUS
(April 20 - May 20)

The beginning of the week may be a good time to wrap up a project or conversation that has been lingering for a while. Don't miss the opportunity to do so. Lucky numbers: 2, 15, 25, 32, 36, 1.

GEMINI
(May 21 - June 20)

Your normal means of processing information may not work as well at mid-week. Instead, a gut level intuition may provide an unusual opportunity for you, if you adjust your perspective. Lucky numbers: 1, 8, 9, 14, 17, 2.

CANCER
(June 21 - July 22)

If you find things a bit overwhelming at mid-week, look for an opportunity to step back briefly. Practicing self-care can help recharge your energy to return to the fray. Lucky numbers: 11, 12, 17, 18, 41, 5.

LEO
(July 23 - Aug. 22)

You may be especially enthusiastic at week's end to get what you want. Be careful of being too aggressive in the way you communicate your goals to others now. Lucky numbers: 11, 19, 35, 36, 37, 2.

VIRGO
(Aug. 23 - Sept. 22)

Do you have a project that needs an extra boost to complete? The energy at the beginning of the week may provide this for you, so be aware of the possibility. Lucky numbers: 11, 12, 23, 28, 37, 6.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 3.

LIBRA
(Sept. 23 - Oct. 22)

For the past couple of weeks, your natural charm, tact and diplomacy have been heightened. This dynamic will pass soon, so utilize these qualities now to facilitate positive change. Lucky numbers: 3, 9, 16, 28, 37, 5.

SCORPIO
(Oct. 23 - Nov. 21)

If you find yourself in a stalemate at the beginning of the week, take a deep breath and consider the situation. Digging in your heels now may not be productive. Lucky numbers: 2, 28, 29, 34, 40, 12.

SAGITTARIUS
(Nov. 22 - Dec. 21)

Early in the week, your head and heart may be out of sync about a decision. If compromise isn't possible, wait a few days for this dynamic to pass. Lucky numbers: 10, 17, 25, 31, 32, 5.

CAPRICORN
(Dec. 22 - Jan. 19)

Your normal ambition to push towards success may be diminished at mid-week. This may provide an opportunity to focus on people or situations requiring you to have a softer touch. Lucky numbers: 8, 13, 29, 37, 38, 6.

AQUARIUS
(Jan. 20 - Feb. 18)

You may be in a power struggle within yourself or with others at the beginning of the week. Look for the hidden origins of the situation and begin to address them. Lucky numbers: 1, 28, 30, 38, 39, 11.

PISCES
(Feb. 19 - March 20)

Pisces sometimes have difficulty implementing their grand dreams into solid and lasting reality. You may find a good opportunity at the beginning of the week to effectively do so now. Lucky numbers: 3, 14, 18, 20, 22, 1.

Did You Know...

Backup hero: During production of *Toy Story 2*, an animated sequel film, a large part of the project was accidentally deleted. The movie survived because an employee on maternity leave had a working copy at home, which allowed the team to restore it.

London calling: The Great Fire of London in 1666 destroyed much of the city but fortunately killed very few people. It did, however, reshape the city's architecture for centuries.

Sweet roots: The first recorded recipe for chocolate comes from the Aztecs. They mixed ground cacao beans with spices and water to create a bitter, energizing drink.

Head turner: Sloths can turn their heads almost completely around. With extra neck vertebrae, they rotate 270 degrees to spot predators without moving their slow bodies.

Day at the beach: The world's largest sandcastle was over 100 feet (30 m.) tall. Built in Germany in 2019, it included turrets, bridges, and even a small sand moat.

On the Lighter Side

Knock! Knock! Who's there? Jewel. Jewel who? Jewel be sorry!

Why do eggs come in cartons? So they don't egg-scape.

How is a crossword puzzle like an argument? One word leads to another.

What is one thing you can never catch? A breeze.

Doorman: Your car is at the door, sir.
Car owner: Yes, I hear it knocking.

Answers

4. Green Bay Packers 5. Canada
Trivia answers: 1. Italy 2. Rings 3. Kentucky

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