KING'S RED PAINTING, LLC
Sometimes looks do matter.
Free Interior, Exterior, and Cabinet Painting Estimates
207-735-3342
www.kingsredpaint.com

Rize
COWORKING & COLLABORATION SPACE
COMMUNITY ● COLLABORATION ● CONNECTION
An Office Without the Overhead.
Just workspace that works as hard as you do.
• No 3-year lease.
• No utilities contract.
• No furniture purchases.
• No surprise maintenance.
Learn more at rizemaine.com
hello@rizemaine.com

RENEWAL by ANDERSEN
FULL-SERVICE WINDOW & DOOR REPLACEMENT
Buy One, Get One
40% OFF Windows and Doors*
MINIMUM PURCHASE OF 4
PLUS
$200 OFF Your Entire Purchase*
MINIMUM PURCHASE OF 4
INSTALLATION IS ALWAYS INCLUDED!
Call 1-844-496-1725
by 12/31 for a FREE consultation!
RENEWAL BY ANDERSEN

ALL SOULS ANNUAL BAZAAR
NOVEMBER 14, 2026
Boutique | Crafts | Silent Auction | Treats
Meals-to-Go | Luncheon | Organ Music | & More!
9:00 a.m. - 2:00 p.m. / Free entry
10 Broadway Bangor

WE NEED... Shared Living Providers & Direct Support Professionals (DSP)
✓ For Penobscot & Waldo Counties
✓ Training Provided
✓ High School Diploma & Drivers License
CALL:
949-3582
CreativeOptionsLLC.org
Creative Options
"Where it's all about CHOICE!"
LIKE US ON facebook

Mid-Coast Foot Care
In Home Care - We Come to You
Get 10% OFF for mentioning Coffee News!
Paula Roberts, BSN, RN, CFCS
207-505-6781
paula7searsmont@gmail.com

Come See What's New at Dorsey!
FREE STATEWIDE DELIVERY
Mon-Sat 9am-5pm Sunday 10am -5pm
DORSEY Furniture for life
1031 Main Rd. Holden, Me
1-800-820-7301

FREE! New Issue Every Week!
Coffee News®
"Bringing People, Families and Communities Together"
Bucksport and Waldo County Edition
207-852-8400
Est. 1988
www.coffeenewsbangor.com
bangorcoffeenews@gmail.com
Vol. 14 No. 30 November 9, 2026

Everybody's Talking

Scent mastery: In Duncanville, Texas (U.S.), a small barbecue spot is run by a barbecue cook who works without sight. After losing his vision, Christopher Jones learned to depend on his other senses, checking heat, seasoning, and timing through touch, sound, and especially smell. Family recipes gave him a starting point, refined through practice instead of exact measuring. Many customers are surprised to learn the brisket and ribs were cooked without the chef seeing the grill or the meat. The kitchen is kept simple, built around routine and familiarity. Cooking became both his livelihood and a way to show how people adapt. Guests often leave thinking about the care put into the food as much as the flavour.

Grain revival: In Skowhegan, Maine (U.S.), an old county jail has found new life as the centre of a growing regional grain economy. Maine Grains operates its stone mill inside the former Somerset County Jail, producing wheat, oats, rye, buckwheat, and other grains sourced from Northeast farmers. The company grew from efforts to revive a New England tradition that had faded as grain farming and milling scaled in a more corporate direction. By creating vibrant new markets for locally grown grains, Maine Grains supports farmers and food businesses throughout the region. Visitors can tour the mill and then taste the results at The Miller's Table, a café in the same former jailhouse featuring Maine Grains products.

Snail revival: On Norfolk Island, Australia, a snail species once written off as gone for good is getting a second chance. After years without sightings, a sharp-eyed local shared a photo that caught the attention of researchers who recognized the snail right away. A small group was later found living in a protected patch of land and moved to a zoo for careful breeding. The work moved slowly, but the population steadily grew. Once numbers were strong enough, the snails were brought back to the island and released into sheltered areas. Rangers now keep an eye on the habitat while managing threats from invasive animals. The snails have become harder to spot, which is often a sign they're spreading out and settling in.

Shared card: In the U.S., two childhood friends have been sending the same birthday card back and forth for decades. It started when one girl gave the card to the other after they became friends at school. Each year, the card is signed again and mailed back, slowly filling with notes and dates. Even as they moved to different places and life changed around them, the card kept making its trip. The picture on the card never changed, but the meaning did. Most birthday wishes today are done through social media, but this card still arrives through the mail. It gives them a reason to reconnect, pause for a moment, and remember how their friendship began in a much simpler time.

Quoteable Quotes

"You can't be brave if you've only had wonderful things happen to you." — *Mary Tyler Moore*

"You cannot find peace by avoiding life."— *Michael Cunningham*

What's Happening

Hampden Kiwanis Community Bean Supper 1st Saturday of every month, Oct-May: 3 kinds of beans, coleslaw, biscuits, red hots, and desserts. 4:30 pm to 6 pm, 41 Canoe Club Road, Hampden, ME. $10 per person, $25 family. Carry out available.

Challenger Maine Spud Drive 2026! Order a 50-pound bag of Aroostook County Caribou Russet potatoes for Thanksgiving. Buy a bag for your family or donate one to the Salvation Army. Every purchase supports hands-on STEM education through Challenger Maine! www.astronaut.org

Craft fair and Festival of trees Nov. 20th 5-8 PM and Nov. 21st 8am-2pm Local crafters, Festival of trees and a Touch tank. A visit from Santa on Saturday. Beal's Elementary School, Beals Maine

NON profit organizations may submit events for FREE at www.coffeenewsbangor.com

Trivia

1. Which actress stars as Wednesday Addams in the Netflix series Wednesday?
2. Which tennis tournament is played annually on grass courts in London?
3. Which baseball legend was nicknamed "The Iron Horse"?
4. A group of lions is called a _____.
5. Which board game includes Mediterranean Avenue and the Short Line Railroad?

(Flip bottom of page for answers)

© Published with Permission by Bangor Coffee News

(Over)

WE DO YARD SIGNS!
Downeast Graphics & Printing
Where Service and Quality Matter!
Graphic Design | Full Color Printing | Mailing Services | Shredding Service
477 Washington Jct. Road, Ellsworth, ME 04605
207-667-5582 | 1-800-427-5582 info@downeastgraphics.com



Audien Hearing
The World's First Hearing Aids With Touchscreen Controls.
No tiny buttons. No apps. No prescriptions.
Atom X
Call 844-605-1083
to get your 45-day risk free trial.



Butcher's Deluxe Package
MAKES A GREAT GIFT
2 Bacon-Wrapped Filet Mignons (5 oz.)
2 Butcher's Cut Top Sirloin Filets (5 oz.)
4 Air-Chilled Boneless Chicken Breasts (4 oz.)
4 Boneless Pork Chops (5 oz.)
4 Classic Jumbo Franks (3 oz.)
8 FREE Omaha Steaks Smash Burgers (3.2 oz.)
82792AXJ PACKAGE PRICE $89
OmahaSteaks.com/Deluxe4130 | 1.844.780.0578
Ask for 8 FREE burgers on $89+ orders with offer 82792AXJ
OMAHA STEAKS See site for details. Expires 12/31/26. 26M10423

EVERGREEN GROOMING LLC
With 8 years of experience, we proudly pamper pups of all breeds with gentle, loving care. Locally owned & dog approved!
APPROVED
(207) 223-7421
Evergreengroom@gmail.com
2354 Broadway in Bangor at Six Mile Falls

END OF THE LEASH
Dog Adventure Center
Daycare Adventure Hikes
Training Grooming
251 Main Rd, Holden
207-291-8442 call/text
endoftheleashmaine@gmail.com

A&A EXCAVATION
DEP CERTIFIED
SERVICES
EXCAVATION
FORESTRY MULCHING
SITE PREP
LAND CLEARING
HARDSCAPE
AND MORE
207 949 5011

Transform Your Bathroom and Change Your Life.

FREE TOILET + $2,000 OFF*

For your FREE information kit and our Senior Discounts, Call Today Toll-Free 1-866-703-6116

safestep

*Free toilet with purchase and installation of a walk-in tub or walk-in shower only. Offer available while supplies last. No cash value. Must present offer at time of purchase. Cannot be combined with any other offer. Market restrictions may apply. Offer available in select markets only. CSLB 1082165 NSCB 0082999 0083445 13VH11096000

Congratulations

to our newest *Coffee News*® Contest Winner!

Nancy H. of Dexter, ME!



Thanks for reading, and don't forget to play!

safestep

FEEL SAFE ON EVERY LEVEL

$750* OFF

+ FREE Installation of your new Safe Step Stairlift

1-833-640-2105



NUTCRACKER IN A NUTSHELL

presented by

bangor ballet

December 5, 2026
2:00 pm and 7:00 pm
Peakes Auditorium at Bangor High School

Reserve your tickets today!



DENTAL Insurance

from Physicians Mutual Insurance Company, Inc.

1-833-463-1002

Dental50Plus.com/Bangor

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/find-dental. This specific offer not available in CO, KS, NY, OR +call 1-800-969-4781 or respond for a similar offer in your state. Certificate CP547/P465, (PI: CP540P; PA: CP54PA); Insurance Policy P654/P646P (GA: P546A; OK: P540K; TN: P547N).
6370

October is PT Month – Our Clinicians Go Above and Beyond, So Patients Can *Love Their Life*.

We Specialize In:

- Recovery from injuries/surgery – like joint replacements
- Managing ongoing aches and pains – back, neck, shoulders, hips, or knees
- Balance and dizziness problems – including vertigo
- Concussion or neurological recovery
- Improving mobility and independence
- Headaches, jaw, and neck pain

SCAN ME

FYZICAL Therapy & Balance Centers

Two Convenient Locations. One Caring Team.

Bangor: 207-291-5714 | Ellsworth: 207-544-9640

First National Bank

Are you ready to turn your dreams into reality? With 18 convenient branches, First National Bank is Maine's first choice for community banking.

800.564.3195 • TheFirst.com • Member FDIC

Financial Solutions



Tom A. Goodman
Financial Advisor
207-469-6352
tom.goodman@prudential.com

Cody Briggs
Financial Advisor
207-469-6352
cody.briggs@prudential.com

74 Main Street, Suite 300
P.O. Box 1878, Bucksport, ME 04416

Your Weekly Horoscope

ARIES
(March 20 – April 19)



You may encounter a stalemate in your relationship for the next couple of weeks. Finding a compromise may require you to more fully understand the needs of your partner. Lucky numbers: 5, 8, 24, 31, 41, 3.

TAURUS
(April 20 – May 20)



A new opportunity may emerge for you this week. However, it may require you to avoid any stubbornness, particularly when you are speaking to others about your goals. Lucky numbers: 10, 17, 18, 28, 34, 2.

GEMINI
(May 21 – June 20)



Your thoughts and emotions may be pulling in two different directions at mid-week. See if you can reconcile the two. If not, wait a few days for this dynamic to pass. Lucky numbers: 1, 16, 22, 28, 36, 2.

CANCER
(June 21 – July 22)



Your usual nurturing style may not be sufficient at mid-week to achieve what you desire. Radiating a stronger sense of personal authority may be necessary for you to be successful. Lucky numbers: 12, 18, 20, 29, 35, 2.

LEO
(July 23 – Aug. 22)



Attending a social event held at mid-week can be a pleasant experience for you. If you are looking for a new romantic partner, a new opportunity may present itself now. Lucky numbers: 5, 17, 18, 24, 38, 4

VIRGO
(Aug. 23 – Sept. 22)



Virgos can sometimes be accused of being all work and no play. At mid-week, be flexible and open to the potential of something new that can bring you more joy. Lucky numbers: 3, 16, 19, 31, 40, 1.

LIBRA
(Sept. 23 – Oct. 22)



If your relationship has felt stuck recently, this dynamic will start to slowly move forward at mid-week. Address any hiden issues that contributed to the pattern that is ending now. Lucky numbers: 24, 27, 29, 33, 35, 5.

SCORPIO
(Oct. 23 – Nov. 21)



Early this week, sow the seeds of a new endeavour and begin to initiate the effort that can help achieve it over time. Communicate with others about your goals now. Lucky numbers: 4, 11, 13, 28, 31, 6.

SAGITTARIUS
(Nov. 22 – Dec. 21)



Your natural enthusiasm may be heightened for a few days at mid-week. Use this energy to advance what you desire. Carefully balance the risk and reward when making choices. Lucky numbers: 1, 4, 5, 9, 20, 3.

CAPRICORN
(Dec. 22 – Jan. 19)



Capricorns usually have ambition to achieve goals that provide a strong and lasting foundation for what they value. At mid-week, you may have an energy boost in this regard. Lucky numbers: 3, 19, 37, 38, 39, 12

AQUARIUS
(Jan. 20 – Feb. 18)



The end of the week is a good time to focus on your dream for humanity's evolution. What small step can you take now to contribute to this long-term vision? Lucky numbers: 5, 12, 21, 30, 40, 2.

PISCES
(Feb. 19 – March 20)



Pisces can sometimes dream of castles in the sky that are difficult to build in reality. A change in your perception this week may help you communicate your plans to others. Lucky numbers: 2, 14, 16, 18, 27, 21.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 9.

Did You Know...

Seafloor furnaces: Some deep-ocean vents blast out mineral-rich water heated far beyond what the sunlit surface ever sees. These openings in the seafloor can reach temperatures high enough to liquefy lead, creating pockets of extreme underwater heat.

Online origins: The letters "HTTP" stand for Hypertext Transfer Protocol, the familiar text seen at the start of many web addresses. It's a simple system that helps computers load information, becoming one of the basic tools behind early web pages.

Midnight miles: In Tromsø, Norway, runners take part in the Midnight Sun Marathon, a race held late at night during summer. Because the town is so far north, the sun stays visible even after midnight, so the course is run with the sun overhead.

Tropical ice: Even near the equator, glaciers can exist in warm regions. They survive by forming high on mountaintops, where temperatures stay cold enough for snow to compress into slow-moving ice despite tropical conditions below.

Stone pioneer: Africa's oldest standing stone building is the Pyramid of Djoser. Built as a royal tomb, its stacked design introduced a new approach to monument building and later shaped how Egyptian pyramids were made.

On the Lighter Side

Knock! Knock! *Who's there?* Iota. *Iota who?* Iota leave.

What do sea monsters eat for lunch? Fish and ships.

I have a friend who is a very tall blade of grass. He's easily swayed.

Did you see that movie about punctuation? It was a period piece.

Father: Did you do well on your spelling test?
Son: Sorry, words failed me.

Answers

Trivia answers: 1. Jenna Ortega 2. Wimbledon 3. Lou Gehrig 4. Pride 5. Monopoly

There's always something exciting happening at the Challenger Learning Center of Maine! From family events and special programs to school vacation camps and immersive space missions. There's something for explorers of every age!

Challenger Learning Center of Maine

30 Venture Way
Bangor, ME
207 990 2900

United Country Real Estate | Lifestyle Properties of Maine

Maine's Most-Watched YouTube Channel

Peter McPhail
Realtor®

Office: 207-794-6165 Cell: 207-794-4338
Email: peter@lifestylepropertiesme.com
YouTube: United Country Lifestyle Properties of Maine

Each Office is Independently Owned & Operated



SAExploration

We are HIRING

NOW ACCEPTING APPLICATIONS

HIRING FOR THE WINTER SEASON

WORK HARD. TRAVEL FAR. BUILD YOUR EXPERIENCE.

Explore technical and entry-level opportunities supporting land seismic acquisition projects

WHY JOIN SAEXPLORATION?

- Competitive Pay + Overtime
- No Prior Experience Needed
- Travel & Accommodations Provided
- Gain Hands-on Field Experience
- Opportunities to Work Globally

READY TO GET STARTED? SCAN TO APPLY



www.saexploration.com

A&M HOMECARE

Where your family becomes our family.

❤ Mainecare Sections 19,63,96
❤ Veterans Administration
❤ Private Pay Services

(207) 307-0922
583 South Main Street
Brewer, ME 04412

referrals@aandmhomecare.org
www.aandmhomecare.org

The Little Bill Contest ADVENTURE $50 Cash

Actual Size →

Find the Coffee News Guy hidden in one of the ads, then enter to win!

To enter email: bangorcoffeenews@gmail.com...or send your entry, by mail to Coffee News, PO Box 222, Bangor, ME 04402. Be sure to tell us your name, phone number, address, email, and age. Also where did you pick up Coffee News? What ad did you find the guy in? What do you like about Coffee News?

Your info will NOT be shared or sold to anyone.

1 winner will be drawn each month from all correct entries.
1 entry per edition, per week may be submitted

Recipe of the month

Pumpkin Bisque

4 bacon strips, chopped
1 medium onion, chopped
3 garlic cloves, minced
6 cups chicken broth
1 can (29 ounces) solid-pack pumpkin
1/2 teaspoon salt
1/4 teaspoon ground nutmeg
1/8 teaspoon pepper
1 cup heavy whipping cream
1 cup shredded Gouda cheese
2 tablespoons minced fresh parsley
Additional shredded Gouda cheese, optional

Prep Time: 20 min Cook Time: 35 min Yield: 9 servings

❶ In a Dutch oven, cook bacon over medium heat until crisp. Remove with a slotted spoon; Discard drippings, reserving 1 tablespoon in pan. Saute onion in drippings until tender. Add garlic, cook 1 minute longer.
❷ Stir in the broth, pumpkin, salt, nutmeg and pepper. Bring to a boil. Reduce heat; simmer, uncovered, for 10 minutes. Cool slightly.
❸ In a blender, process soup in batches until smooth. Return all to pan. Stir in cream; heat through. Add cheese; stir until melted. Sprinkle each serving with parsley, bacon and, if desired, additional cheese.

Quick, and easy to make, this silky-smooth bisque will warm you on those cool Autumn nights



Source: https://www.tasteofhome.com

For available franchise opportunities – visit www.CoffeeNews.com

© Published with Permission by Bangor Coffee News